

## Infusion **Wellbeing**



## **Cancer Touch Therapy (Made for Life)**

What is it? Cancer Touch Therapy originated 15 years ago at the Made For Life charitable trust. The treatments use advice from massage teachers within the oncology team at Macmillan and the Royal Cornwall Hospitals Trust. It has CIBTAC and CMA (Complimentary Medical Association) endorsements. The treatments provided by Made For Life have been thoroughly researched by doctors and therapists to create a safe, relaxing treatment.

There is NO evidence to suggest that massage can spread cancer, although we avoid direct pressure over a tumour site as a precaution. Therapists are highly trained in the safest ways to perform these treatments, and have studied cancer so can answer any questions or worries you may have. Here at Infusion Wellbeing, we understand how treatments for cancer can spark the need to adapt spa treatments. Full protocols are followed for body and facial treatments.

Why is it so important? Touch is important in a physiological and psychological sense. A gentle touch will lower cortisol and increase oxytocin, boosting the body's immune system and releasing muscle tension. It also reduces stress and tension, enabling better sleep and improving recovery. We encourage anyone suffering from cancer or lymphedema to have a Made for Life treatment, as they are safe to undertake as well as deeply relaxing.

Made for Life has three set treatments: Body, Facial, and Body & Facial, all using 100% organic skincare and wellbeing products. We can also adapt treatments to your needs.

## Book today! www.infusionwellbeing.co.uk











